

# Kids don't have to put up with OCD!

A free online OCD treatment program is available for 12-17 year olds for a short time only



## Does your son or daughter:

- seem particularly fussy about keeping their hands clean?
- find themselves checking, touching or counting things even though they know they don't really have to?
- have trouble finishing school work or chores because they have to do something over and over again?
- worry a lot if something isn't done exactly the way they like?

## Does your son or daughter have difficulty stopping these habits, and do they seem to interfere with their lives?

These symptoms may be signs of **Obsessive-Compulsive Disorder (OCD)**.

**The University of Queensland is offering a FREE ONLINE OCD TREATMENT PROGRAM for teenagers aged 12-17 for a short time only.**

The 12 week internet-based program is supported by a clinical psychologist who is a specialist in treating teen OCD. Parents can also access an online program and specialist support.

Please contact **Dr Cynthia Turner** at [cynthia.turner@uq.edu.au](mailto:cynthia.turner@uq.edu.au) to discuss your child's suitability for this free program or find out more about the program at:

<http://www.exp.psy.uq.edu.au/ocd>